

# Instructions

## Front Control Arms

**N.B:** This instruction sheet should be used in conjunction with the workshop manual and proper safety procedures followed.

- Raise vehicle evenly and safely support.

*Never rely on a Jack only*

- Proceed to un-bolt wheels.
- For M3 vehicles - disconnect head light sensor rod.
- Remove inner mounting bolt, followed by ball joint nut.

**There should be no need to hit aluminium hub to remove ball joint.**

- Take note of arms when removing - they are LH and RH.
- Bolt up new supplied arms with original bolts

Tighten inner bolt to 68Nm + 90 deg  
Tighten ball joint stud to 120 Nm

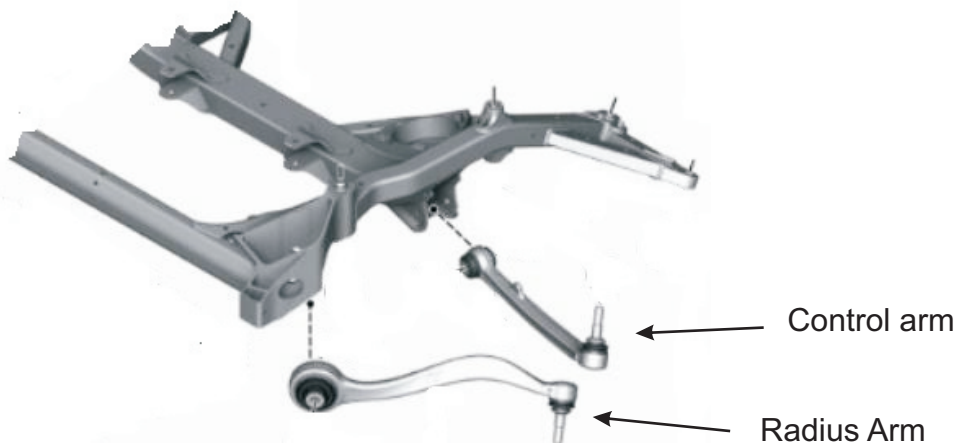
- A wheel alignment after install is recommended  
- to correct any Toe issues.
- Re-check vehicle after 500kms

**Application** - BMW M3 Series F80  
*Always refer complete catalogue listing*

**Contents** - 2x Control arms  
- with spherical bearings



**Head light sensor rod - M3 models**



**N.B:** It is recommended that a licenced workshop or tradesperson carry out the above procedure and that workshop manual and relevant safety procedures are followed in addition to the above.