Installation instructions For set # 7.3121 350Z Front Control Arm Bushings



1131 VIA CALLEJON, SAN CLEMENTE, CA 92673

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4 - 15.10.279.39 Upper Control Arms Sleeve

2 - 9.11113 Grease

1 - 17555 Instruction Sheet

It is recommended that if you are unfamiliar with this type of work that you refer to a qualified service center specializing in this type of work. It is also recommended that if you choose to do this work yourself that a factory service manual be obtained for the proper procedures pertaining to removal, replacement and proper torque specifications for your vehicle. This instruction set is intended as a guideline for the safe installation of Energy Suspension's polyurethane bushings, once you have removed the factory components from your vehicle.

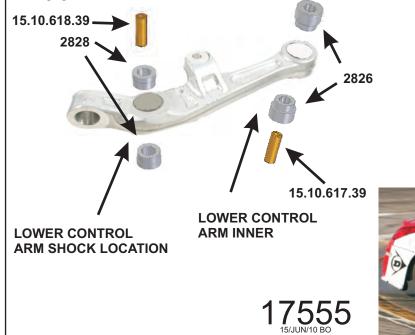
Parts list:

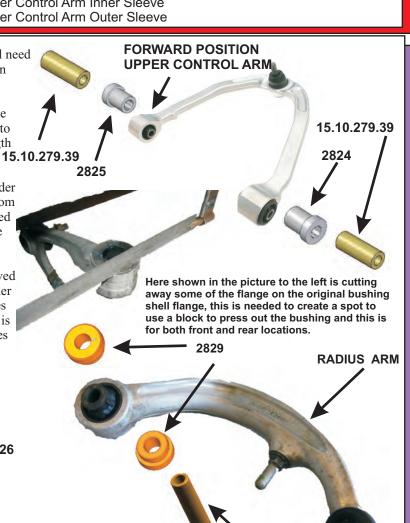
- 2 2824 Upper Control Arm Rear 4 2829 Radius Arm
- 2 2825 Upper Control Arm Front 2 15.10.616.39 Radius Arm Sleeve
- 4 2826 Lower Control Arm Inner 2 15.10.617.39 Lower Control Arm Inner Sleeve
- 4 2828 Lower Control Arm Outer 2 15.10.618.39 Lower Control Arm Outer Sleeve

Upper Control Arm: Remove left and right front tire, you will need to unbolt the three nuts for the front shock and the lower bolt, then remove the two bolts on the Upper Control Arm and one nut for the ball joint, Then press out the old bushings.
2825 bushing will go in the forward position with the flange to the outside. 2824 bushing will go in the rear position with the flange to the outside. 15.10.279.39 sleeve is for both positions. Sleeve length is 1.96" long. Be sure to grease the bushings good.

2. **Radius Arm**: You will need to remove the skid plate that is under the front end to get to the Radius Arm and then remove the nut from the ball joint. Press out the old Bushing. **2829** Bushing will be used in this position along with **15.10.616.39** Sleeve length is 3.14" Be sure to grease the bushings good.

3. Lower Control Arm: With the lower shock bolt already removed now remove the inner bolt and the ball joint nut. Press out the inner bushing and the Shock Mount Bushing. **2826** is used on both sides of the inner Lower Control Arm with **15.10.617.39** Sleeve length is 2.95 inch and in the shock location use **2828** bushing on both sides with **15.10.618.39** Sleeve length is 1.67" Be sure to grease the bushings good.





15.10.616.39