

INSTRUCTION SHEET FOR SET #7.1112

Read this instruction sheet thoroughly before initiating any work!

It is recommended that if you are unfamiliar with this type of work that you refer to a qualified service center specializing in this type of work. It is also recommended that if you choose to do this work yourself that a factory service manual be obtained for the proper procedures pertaining to removal, replacement and proper torque specifications for your vehicle. This instruction set is intended as a guideline for the safe installation of Energy Suspension's Polyurethane.



1131 VIA CALLEJON, SAN CLEMENTE, CA 92673

Raise and support the front of the car.
Remove 14mm thru bolt for front motor mount.
Remove two 17mm subframe bolts.
Remove 17mm thru bolt for rear motor mount.
Remove two 17mm subframe bolts in the rear.
Lower frame out of vehicle.
Install Energy Suspension inserts.
Reinstall subframe and bolts in reverse order of removal.
Tighten all bolts to factory specifications.



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