

# INSTRUCTION SHEET FOR SET #5.3137 DODGE R1500 2WD



1131 VIA CALLEJON, SAN CLEMENTE, CA 92673

It is recommended that if you are unfamiliar with this type of work that you refer to a qualified service center specializing in this type of work. It is also recommended that if you choose to do this work yourself that a factory service manual be obtained for the proper procedures pertaining to removal, replacement and proper torque specifications for your vehicle. This instruction set is intended as a guideline for the safe installation of Energy Suspension's Polyurethane. Wheel alignment is almost always disturbed when removing/replacing suspension components. It is recommended that you have the alignment checked on your vehicle at a qualified alignment shop.

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## BILL OF MATERIAL

- 4 - 3460 Upper Arm Bushing
- 2 - 3461 Lower Front Bushing
- 2 - 3462 Lower Rear Bushing
- 4 - 1.000"x0.640"x4.090" Sleeves
- 1 - 17458 Instruction sheet
- 6 - 9.11101 Grease Cups

### UPPER CONTROL ARM

Using spray lubricant and a press, first press out the inner metal sleeve. **PIC 1** (Must reuse these OEM sleeves) Using a pry tool and more lube, remove the OEM rubber bushing. Take care not to damage the inner metal shell. **PIC 2**

### LOWER CONTROL ARM

The front position uses the same procedure as the upper control arm. Using lube, remove the inner sleeve first, **PIC 3**, then pry out OEM rubber. **PIC 4** The rear position must be removed by breaking the rubber glue bond. Use heat to dissolve the glue bond. Once the bond is broken, the bushing will come right out. **PIC 5**. There will probably be debris left over inside the shell, remove with a wire brush, again, don't damage the shell. **PIC 6**

### INSTALLATION

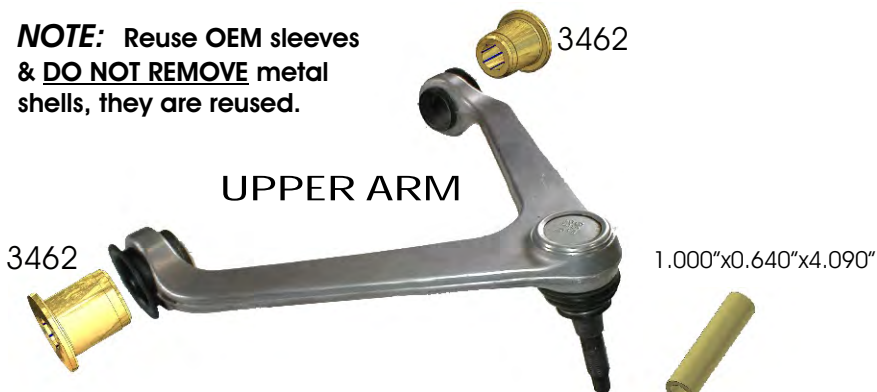
Grease the I.D. of the shells, the O.D. and I.D. of the bushings, and the O.D. of the sleeves. Insert the bushings first, then the inner metal sleeves. Wipe away excess grease.

Remove inner sleeve.

Remove OEM rubber.



**NOTE:** Reuse OEM sleeves & **DO NOT REMOVE** metal shells, they are reused.

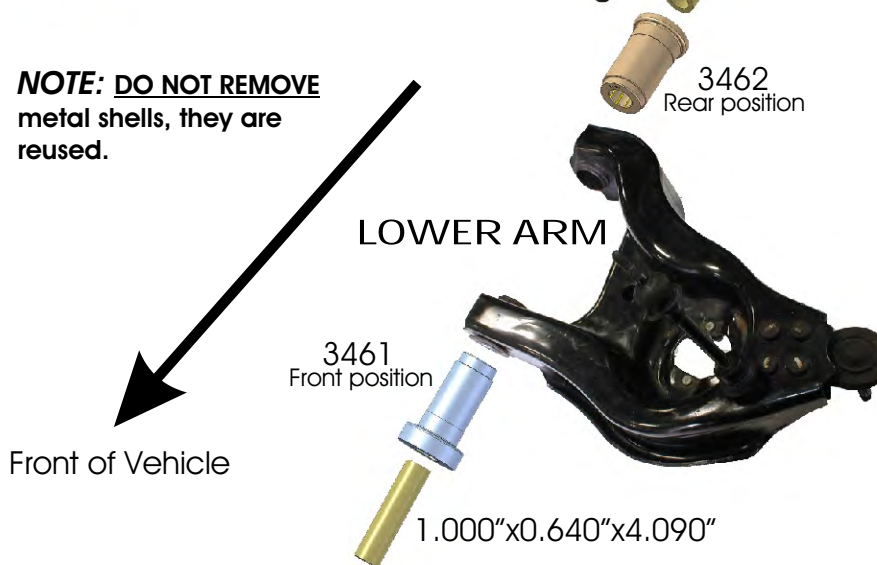


Remove inner sleeve.

Remove OEM rubber.



**NOTE:** **DO NOT REMOVE** metal shells, they are reused.



Glue bond broken.

Remove debris.

