

Read this instruction sheet thoroughly before initiating any work!

It is recommended that if you are unfamiliar with this type of work that you refer to a qualified service center specializing in this type of work. It is also recommended that if you choose to do this work yourself that a factory service manual be obtained for the proper procedures pertaining to removal, replacement and proper torque specifications for your vehicle. It is recommended that you get the car aligned at an alignment shop as alignment is almost always disturbed when installing suspension components. This instruction set is intended as a guideline for the safe installation of Energy Suspension's Polyurethane.

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Update Only
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Removal:

To remove the upper control arm shaft, it must unload from the small washer end. (See illustration below) the I.D. on this end of the arm is also larger. To assist in the removal of the shaft and bushing, cut the rubber flange off at the small washer end. Use caution as not to damage threads on shaft while pressing it out of the control arm.

Installation:

Grease bushing and I.D.'s before installing as per instruction sheet #17019. Install the two small bushings in the control arms small eye, then the new aluminum sleeve. Load shaft into position with the small and large washers in the correct locations. (See illustrations below) press the one piece bushing into the control arm. (A support bar should be positioned between eye areas's) Install one aluminum sleeve after bushing is in the eye. Reinstall outer washers and nuts. Tighten all to factory specs.

